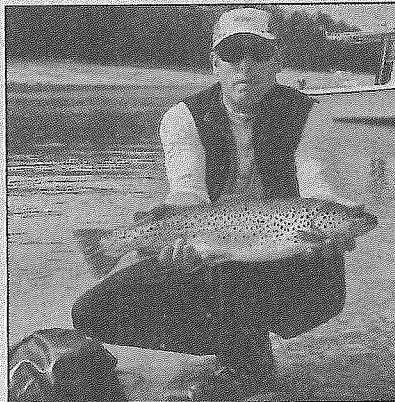


Upstate Hunt and Fish

Tips, tricks and trophies
at UpstateHuntAndFish.com

Big release

Zan Maddox of Rock Hill prepares to release a 4.8-pound brown trout he caught during the Lake Jocassee Trout Tournament in March. Maddox, the reigning winner of the Jimmie Orr Trout Tournament Championship, finished second with the catch. Upload and share photos of your recent catch or hunting trip at www.UpstateHuntandFish.com



Food plot strategies

"Thank goodness for these most-needed rains we are experiencing this year. Hopefully they will continue on through the year. ...If one of the clovers in your food plot is crimson, you should wait until it has bloomed red, then after the bloom turns brown you should mow the plot down to about four inches. This should make it germinate again the next fall. If you have a white perennial clover you should mow these about two to three times a summer. One of my favorite legumes is alfalfa, but if you choose to have this in your food plots (in a mix of clovers or alone) remember that it is high maintenance."



—Read more of Ronnie Fleming's blog about food plots and planting for wildlife at UpstateHuntandFish.com