Humorist to deliver talk at Clemson event

Ulbrich also a songwriter

Staff report

Songwriter-humorist Carla Ulbrich, known as "The Singing Patient," will present the Calhoun Lecture Series' William H. Hunter Endowed Lecture at 7 p.m. Thursday in the Self Auditorium in the Strom Thurmond Institute at Clemson Univeristy.

The program is free and open to the public.

Ulbrich came by the Singing Patient nickname after surviving lupus, kidney failure and a stroke. Through her experiences, she learned how to keep a sense of humor about matters critical and mundane.

Her mission is to help others survive and thrive by learning to do the same.

She is the author of "How Can You NOT Laugh at a Time Like This: Reclaim Your Health with Humor, and Creativity and Grit."

Ulbrich is also a certified health coach and performs at gatherings for patients, caregivers and health-care workers, officials said.

She is the daughter of Clemson University distinguished professors Carlton and Holley Ulbrich.

Born and raised in Clemson, Carla Ulbrich graduated from Daniel High School and went on to major in music at Brevard College.

She has performed nationally and in England and been featured on Sirius XM Radio, USA TV, the BBC and the "Dr. Demento" and "The Bob and Sheri Show" radio programs.